



June 2017

**Bernard's Township
Elementary Schools**

Mount Prospect School

Entrée's Available Daily

**Cheese OR Pepperoni Pizza
Baked Chicken Patty on a WG Roll
Angus Burger,
Angus Cheeseburger, OR
Veggie Burger on WG Roll
Entrée Salad of the Day
Hummus and Vegetable Platter**

Available Daily:

**Premium Fruits, Assorted Veggies, &
Juice
ALL Lunches include Choice of Skim,
1%, Non Fat Chocolate Milk OR 8oz
Bottle of Water
Free or Reduced Lunches to
Those who qualify
Lunch Price \$2.60**

**For Nutritional Information,
Please Visit**

<http://bernards.schooldish.com>



This institution is an equal opportunity provider.

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1
Field Day
Hot Dogs
Baby Carrots
Apple Sauce
Watermelon

2
Chicken Patty BLT (GD)
Steamed Broccoli
Fresh Fruit Cup

5
Cheese Pizza Sticks (GD) With Marinara Sauce*
Sweet Corn
Fresh Apple Wedges

6
Mini Pierogi's with Rosa Sauce (GED)
Green Beans
Diced Peaches

7
Chicken Drumsticks
Broccoli
Brown Rice
Fresh Banana

8
Pasta with Tomato Alfredo and Chicken (GD)
Celery Sticks
Fresh Cantaloupe

9
Popcorn Chicken with Shoestring Fries (G)
Steamed Spinach
Mandarin Oranges

12
Chicken and Cheese Quesadilla (GD)
OR Cheese Quesadilla* (GD)
Fresh Vegetables
Fruit Choice

13
Meatball Sub (GED)
Fresh Vegetables
Fruit Choice

14
Chicken Nuggets (G)
Shoestring Fries
Steamed Vegetables
Fruit Choice

15
**½ Day of School
No Lunch Served**

16
½ Day No Lunch Served
Have A Great Summer!
Last Day of School

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Vegetarian Options
***Many Lunch options can also be made Vegetarian ***
Menu Subject to Change

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Allergen Key
G – Contains Gluten
E -- Contains Egg
D -- Contains Dairy